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11 March 2021

## PRINCIPALS MESSAGE



Halfway through the term already! Doesn't first term fly?

Thank you so much to those of you who were able to attend our Grade3-6 Athletics Carnival last week. Although a little breezy it was still a great day and once again our students showed resilience and perseverance as they gave the events the

best they had each time. Thank you also to those community members who were able to assist in critical roles on the day- the finish line and recording in particular. We couldn't hold these days without you. I'd also like to acknowledge the huge amount of extra work done by Mr Claridge and Ms Davis to ensure our carnivals go off as smoothly as possible. While the rest of us wound down after the day they continued working to create the inter-school teams, a big thanks to them both.

Our K-P student will have their Fun Morning on Wednesday 24th. This morning is designed to give our younger learners a chance to join in some fun team and individual events with a strong focus on participation and resilience rather than competition.

Many people comment favourably on the variety of recess and lunch time activities on offer to our students. These include:

- Sport
- Library
- Maker Space
- Quiet Reflection Areas
- Play Equipment

- Outdoor Board Games
- Loose Parts Play
- Natural Play Areas
- Climbing Tower
- Sand Play
- Water Play
- Bike Track
- Scooters

It's certainly joyful to see our learners happy and occupied at break times.

For your information and so you can help us by reiterating the following with your children, these are our Safety Rules for scooters at school:

- Ask is yourself and each other- it Respectful and Responsible play? If it's not the stop
- Helmets must be worn.
- Scooters and helmets cannot be shared.
- Scooters (and bikes) cannot be ridden or pushed through the carpark
- Scooters cannot be lifted higher than the rider's knees.
- Scooters cannot be ridden in unsafe places (through games, near the bag boxes, in Loose parts et)

As always, we expect our student to use their initiative and have the 3Rs at the forefront of their play choices.

**Cathy Young**

## FROM THE OFFICE – ATTENDANCE

### Should I send my child to school?

Our schools are safe places, and normal attendance procedures apply. Children should not be sent to school or childcare if they feel unwell with COVID-19 symptoms, flu symptoms or any other symptoms of infectious diseases including:

- fever
- runny nose
- cough, sore/itchy throat or
- shortness of breath
- nausea
- vomiting

Children should stay home and you should phone your GP or the Public Health Hotline on 1800 671 738 for a referral to be tested for COVID-19 or medical clearance has been received by a doctor.

Children should only be returning to school or childcare once their cold/flu like symptoms have passed. If your child has serious symptoms, such as difficulty breathing, call Triple Zero (000).

### What if my child has hay fever symptoms?

The symptoms of hay fever are similar to that of a cold, flu and COVID-19 so it's hard to tell them apart without testing. Students experiencing symptoms of hay fever (such as runny/blocked nose, sneezing, itchy eyes or cough), even mild symptoms, should get tested. They should stay home until they get their results.

Students can return to school once they have been tested for COVID-19 and returned a negative result, consulted their doctor to discuss a treatment plan and received a medical certificate or letter from their doctor advising that they can attend school.

If symptoms worsen through hay fever season or new symptoms develop, you should consult their doctor.

Can I take my child out of school if they (or someone in my family) have pre-existing conditions which may make them more susceptible to getting sick?

Parents should provide written advice if their child or someone in their family is medically compromised. Parents should then talk to the school about how their child can keep up with their learning.

What if I want to keep my child at home, even though they are not sick?

All children who are well will be expected to be learning back at school. Normal attendance procedures will apply.

If a parent is in isolation or has been tested, does their child need to be (and vice versa)?

If a person is in self-isolation, those living with them only need to self-isolate if that person becomes sick or becomes a

confirmed case. The Australian Government has Information on self-isolation to support this.

## 3R's Awards

Congratulations to those awarded the 3R's certificates.

Leyland, Xavier, Arty, Hunter, Franklin, Logan, Irmuun, Remi, Fergus, Annabel C, Indi P, Addison, Charlotte M, Rueslan, Betsy, Jasper, Griffin and Immy, Leo S, Maya G, Oliver T, Indie B, Jasper and Max



## Strength Focus weeks 6-7 – Self Regulation

Self-regulation is the ability to monitor and manage one's emotions, motivation and behaviour without outside help.

Self-regulation can go by many names, such as self-control, self-management, and impulse control. At MBPS we focus on the Zones of Regulation, which allows us to have a common language, to create a comfortable and supportive environment for students to practice their strength of self-regulation.

Having the strength of self-regulation is having the ability to recognise when you are in different zones as well as being able to use strategies to change or maintain the zone they are in.



## Ride2school -19th March

On Friday 19th March students are invited to participate in National Ride2School Day. Ride2School Day is the perfect opportunity to kick-start new healthy habits and promote the many benefits of active travel. We encourage all students and

their families to leave the car at home and give riding, walking, scooting or skating to school a go.



Not only is active travel good for your health, it's good for the environment too! Riding, walking, scooting or skating to school means there are fewer cars on the road, which results in a:



## Harmony Week – Tuesday 23rd March



Harmony Week is about inclusiveness, respect and a sense of belonging for everyone. It's a time to reflect on the importance of respecting each other and our differences.

Harmony Day is Sunday 21st March. **On Tuesday 23rd March** students from Kinder to Grade 6 are invited to wear orange to school to celebrate Australia's cultural diversity.

## School Association Meeting

Montagu Bay Primary School Association would like to notify our community that the first meeting for 2021 will be as follows:

Monday March 15th, 6.30pm.

Location: Mrs Watson's Yr 5/6 Red Classroom.

We will be also holding our AGM for 2021 at this time (although it was held late last year, due to COVID delays, our constitution requires we hold it in March this year).

All school community members welcome to attend, or please email to Steph Webb (Chair Person) if you have any suggested agenda items [sharwood81@yahoo.com](mailto:sharwood81@yahoo.com), by March 12th.

## Lost Property

Thank you to the family that came in over the long weekend and sorted through the huge pile of lost property near the canteen. It has not gone unnoticed and very appreciated. If your child/ren are missing any clothing items please come and look through the freshly washed and sorted uniforms.

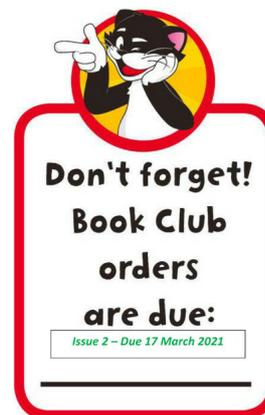
## Entertainment Book

The Entertainment book is now available to buy online go to the website address below.

Order your Membership online today and enjoy many discounts, Shopping, dining and travel.

<http://www.entbook.com.au/240919h>

## Scholastic Book Club – Issue 2



## WHAT'S GOING ON?

There are many ways to find out what is going on in the school.

Add the App to your phone so that all information is at your fingertips. (Flyer Attached below)

- **Schoolzine Calendar:** You can access letters from home and forms from the calendar. Click on calendar, click on event then view event then view flyer. (This will have further information about the event)
- **Montagu Bay Primary Website Calendar -** <https://montagubayprimary.education.tas.edu.au>
- Outside Noticeboards in Early Childhood and Upper Primary
- **Calendar of Events** outside the office.
- Paper copies of **Newsletters** outside the Office

## ATTENDANCE

If your Child is absent, please notify the school office via the below options.

- Schoolzine – clicking on the absentee form
- Phone – 6244 1897
- Email – [montagu.bay.primary@education.tas.gov.au](mailto:montagu.bay.primary@education.tas.gov.au)
- Note - send a note to the office